

6th ANNUAL


PARMENTER
5K RUN for ALL AGES

- DATE:** Sunday, June 1st, 2014
Rain or shine
- TIME:** 8:00 - Registration
9:00 - Kids Panda Dash
10:00 - 5K Run/Walk
- LOCATION:** Parmenter Elementary School
235 Wachusett Street
Franklin, MA
- ENTRY FEES:** (non-refundable)
Ages 13 and over:
\$20 Pre-Registration
\$25 Day of Event

Ages 12 & under:
\$10 Pre-Registration
\$15 Day of Event

5K Family 4 Pack (all ages):
\$50 Pre-Registration
\$60 Day of Event

Kids Panda Dash
(ages 4-12): Free
No Pre-Registration required
- Tech T-Shirts for first 100 pre-registered participants 13 & over (must be present to receive)
 - T-shirts for first 50 pre-registered kids under 13 (must be present to receive)
 - Awards to top 3 finishers in each age division (M/F)
 - Chip timing, water stations, time splits, USATF sanctioned
 - Refreshments

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Parmenter Elementary School
Run for All Ages Committee
235 Wachusett Street
Franklin, MA 02038

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5K RUN/WALK
and
FREE KIDS PANDA DASH

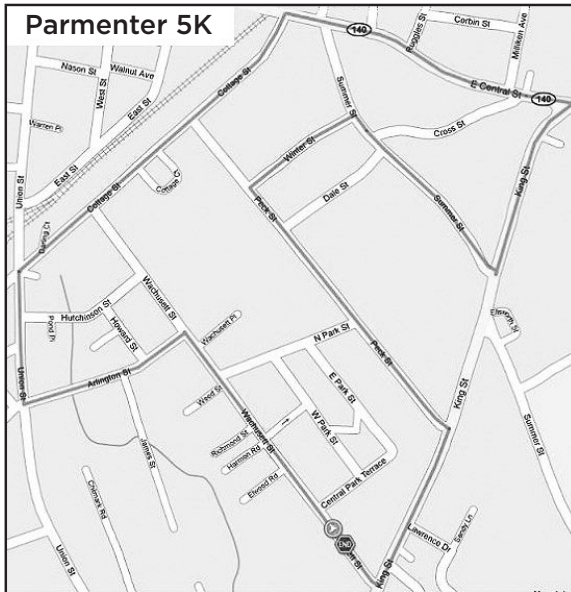
Sunday, June 1st, 2014

9:00am Kids Panda Dash
10:00am 5K Run/Walk
(registration begins at 8:00am)

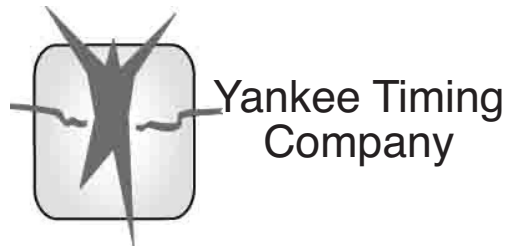
Parmenter Elementary School
235 Wachusett Street
Franklin, MA

All proceeds to benefit
Parmenter Elementary School

**6th ANNUAL PARMENTER
5K RUN FOR ALL AGES
ROUTE MAP**



1. Head northwest on Wachusett St. toward Central Park Terrace.
2. Turn left onto Arlington St.
3. Turn right onto Union St.
4. Turn right onto Cottage St.
5. Turn right onto E. Central St.
6. Turn right onto King St.
7. Turn right onto Summer St.
8. Turn left onto Winter St.
9. Turn left onto Peck St.
10. Turn right onto King St.
11. Turn right onto Wachusett St.



**DIRECTIONS TO
PARMENTER ELEMENTARY SCHOOL**

- Follow Route 495 (North or South) to exit 16 (Franklin)
- If travelling 495 South, take a left off the exit onto King Street. If travelling 495 North, take a right off the exit onto King Street.
- Follow King Street for approximately 1/2 mile.
- Take a left onto Wachusett Street. Parmenter Elementary School is immediately on your left.

THE COURSE & TIMING

The 5K (3.1 mile) looped course will begin and end at Parmenter School. There are water stations along the course and light refreshments will be provided at the finish.

For additional information (including online registration) go to: www.parmenterfunrun.com or contact Anita Bertone at abertone7@hotmail.com

REGISTRATION FORM
official use only

Last Name

First Name

MI

Age (race day)

Male/Female

Street Address

City

State Zip

Phone

E-mail Address

Run/Walk

T-shirt: Youth Sm/Med/Lg
Adult Sm/Med/Lg/XL

Enclosed check amount: _____

Signature (Parent/Guardian must sign if under 18)

In consideration of the acceptance of this entry: myself, heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Parmenter Elementary School, the town of Franklin, USATF, all sponsors and race organizers for any and all injuries suffered by me while competing in, traveling to or from this event. I attest that I am physically fit and sufficiently trained to compete in this event. I also willingly release my image for photography, video and film cameras which may chronicle this event.

Make checks payable to: Parmenter PCC
Complete entry form, sign and postmark by May 28 to:
Parmenter Elementary School
Run for All Ages Committee
235 Wachusett Street
Franklin, MA 02038